

What's Your Motivation Style?

LieDM Association

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Take a few minutes to complete the following questionnaire assessing your preferred motivation style. These questions have no right or wrong answers. Your response offers insight about how you're motivated to learn. Begin by reading the words in the left-hand column. Of the three responses to the right, circle the one that best characterizes you, answering as honestly as possible with the description that applies to you now. The total number of answers for identified motivation style automatically appears at the bottom of questionnaire.

I'm proud when I...

- a) Get things done.
- b) Help other people.
- c) Solve problems by thinking things through.

I mostly think about...

- a) What's next.
- b) People.
- c) Different ideas.

To relax, I tend to...

- a) Rely on a consistently.
- b) Hang out and talk with friends.
- c) Learn something new.

I like to do things...

- a) Right away or on.
- b) When everyone else can do it with me.
- c) When it feels right to me.

When online, I like to...

- a) Search for specific.
- b) Write emails, text message, or chat.
- c) Follow links in many directions.

Projects should be...

- a) Finished on time.
- b) Done in groups.
- c) Meaningful to my life.

In a school setting, I liked to...

- a) Ask questions.
- b) Make friends.
- c) Explore many topics.

I believe schedules...

- a) Keep me organized.
- b) Help me coordinate plans with other people.
- c) Are useful tools to keep me on track.

I like to be recognized for...

- a) Being organized, neat, and on time.
- b) Being kind, thoughtful, and considerate to others.
- c) Being smart, clever, curious, and a good problem solver.

In terms of completing things...

- a) I finish what I start.
- b) I enlist the help of other people.
- c) I want to be learning from start to finish.

The motivation style with the highest total represents your primary motivation style. The motivation style with the second-highest total is your secondary motivation style.

Goal-oriented motivation style:

Relationship-oriented motivation style:

Learning-oriented motivation style:

If you are **goal-oriented**, you probably reach for your goals through a direct and obvious route. This might lead you to a reference book, your computer, or to call an expert—whatever means is available. You usually prefer meeting in- person when it's the most effective method and don't find learning, itself, much fun.

If you are **relationship-oriented**, you take part in learning mainly for social contact. When you meet and interact with people, you learn things along the way. You may not like working independently or focusing on topics (separately from the people) because that doesn't give you the interactivity you crave.

If you are **learning-oriented**, the practice of learning, itself, drives you. You search for knowledge because learning delights you and you may become frustrated by anything that requires you to spend more time following procedures than on actual learning.

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